

## **MARIA CRISTINA LAMBERTE BAJARO, R.N.**

Block 1 Lot 15 Phase 4 Micara Estates Tanza Brgy. Sahud-Ulan, Tanza, Cavite

Mobile: +639196256722

Email Address: [jelaisti\\_02@yahoo.com](mailto:jelaisti_02@yahoo.com)

PRC ID-Valid until March 2023



### **OBJECTIVE**

To obtain a more profound nursing related position that will enable me to enhance my career and improve my ability to work well with people and giving therapeutic care to patients which are significant in providing quality and caring services and provide positive contribution to the institution.

### **HIGHLIGHTS**

- Organized and diligent
- Positive mindset and patient care provider
- Patient focus and result oriented
- Innovative in Health Education

### **TRAINING AND SEMINARS**

(Nursing Related)

- **2021: TWISTS AND TURNS IN TB MANAGEMENT**  
The University of the Philippines Manila  
Postgraduate Institute of Medicine-UP Medicine Class of 1996  
UP Med Webinars 2021  
26 March 2021
- **SHOULD YOU TRUST YOUR GUT? MANAGEMENT OF ACUTE ABDOMEN**  
Makati Medical Center  
Nursing and Patient Care Services  
1<sup>st</sup> Nursing Grand Rounds 2021  
24 March 2021
- **REINFORCING STRATEGIES IN PATIENT HEALTH EDUCATION**  
Concordia College-Graduate School of Nursing  
1739 Pedro Gil Street, Paco, Manila  
20 March 2021
- **NURSING SKILLS TRAINING AND CORPORATE ORIENTATION**  
Mother Teresa Nursing & Care Services Inc.  
04 Jul 2010-SRI Bldg. FB Harrison St., Pasay City
- **LECTURE ON URINARY, HEMATOLOGIC AND GASTROINTESTINAL DISORDERS**  
13 Sep 2009-Irosin District Hospital, Irosin Sorsogon
- **SEMINAR ON DRUG ABUSE EDUCATION AND VIOLENCE AGAINST WOMEN AND CHILDREN**  
Bicol University  
30 Aug 2009-SCCI, Tugos Sorsogon City
- **18<sup>th</sup> POSTGRADUATE COURSE IN NEUROLOGY: "RECOGNITION AND MANAGEMENT OF COMMON NEUROLOGICAL DISORDERS"**

Jose Reyes Memorial Medical Center

16-17 Jul 2009-Andy's Point Hotel, Sorsogon City

- **20-HOUR COURSE ON LACTATION MANAGEMENT**  
1-3 Jul 2009-Irosin District Hospital, Irosin Sorsogon
- **CONTINUING PROFESSIONAL EDUCATION PROGRAM FOR NURSES**  
Philippine Nurses Association  
04 Sep 2008-Albay Astrodome, Legazpi City
- **BASIC LIFE SUPPORT CARDIOPULMONARY RESUSCITATION: HEALTHCARE PROVIDER**  
Philippine Red Cross  
5 & 8 Mar 2008-Aquinas University Dome, Legazpi City
- **JOB HUNTING SKILLS SEMINAR FOR NURSES**  
11 Feb 2008-DMH Aquinas University, Legazpi City
- **SEMINAR ON DISASTER MANAGEMENT**  
01 Oct 2007-Erquiaga Hall, AUL Professional School, Legazpi City

(Non-Nursing Related)

- **SAFETY MANAGEMENT SYSTEM**-Nichols, Pasay City
- **AIRSIDE SAFETY HUMAN FACTORS**-PAL Learning Center (PLC), Manila
- **CARGO HANDLING**-PLC Manila
- **CARGO RATES AND ACCEPTANCE**-PLC Manila
- **INTEGRATED CARGO-DANGEROUS GOODS CATEGORY 6**
- **AVIATION SECURITY AWARENESS**-Nichols, Pasay City
- **CARGO SYSTEM**
- **FAMILY ASSISTANCE AND SUPPORT TEAM BASIC TRAINING**-Nichols, Pasay City
- **SHAKE DRILL BRIEFING/TECHNICAL EVALUATION**-PAL Cargo Terminal, NAIA, Pasay City
- **PRESENCE, POLISH, POWER WORKSHOP**-PLC Manila
- **ENVIRONMENTAL AWARENESS/HAZARDOUS WASTE MANAGEMENT TRAINING**
- **INDUSTRIAL FIRE SAFETY TRAINING**-Nichols, Pasay City

## **COMMUNITY AND CLINICAL EXPERIENCE RESOURCES:**

**Base Hospitals:** Bicol Regional Training and Teaching Hospital, Aquinas University Hospital, Dr. Fernando B. Duran Sr. Memorial Hospital

**Affiliated Hospitals:** National Center for Mental Health, Philippine Orthopedic Center, University of Sto. Tomas Hospital, Josefina Belmonte Duran Memorial Hospital, Cabredo Hospital, Gubat District Hospital, Our lady of Mediatrix Hospital, Sorsogon Medical Mission Group Hospital and Health Services Cooperative

## **EXPERIENCES**

### **As CARGO STANDARDS COMPLIANCE OFFICER (CSCO)**

**PAL express**

March 2016 - March 12, 2021

*Duties and Responsibilities:*

- Monitors and ensures compliance of service providers to the company standards and requirements.

- Implements effective equipment control system to ensure maximum serviceability and availability of needed motorized and non-motorized equipment.
- Oversees cargo Outbound and Inbound Handling
- Monitors service providers' performance in accordance to SLA; regularly reviews service performance to identify and initiate actions required to maintain or improve levels of service.
- Monitors and ensures compliance of the company and ground handlers to all applicable safety and security laws and government or state Regulations.
- Assists and/ or resolves customer concerns/complaints.
- Decides on operational matters that requires deviation to operational procedures.
- Monitors compliance of service provider in coordinating with Load Control the cargo load of a particular flight based on pushcart allocation.
- Ensure that good housekeeping and upkeep of all equipment.
- Ensures that the highest reasonable level of safety performance is achieved.
- Ensures that efficient cargo handling, build-up and stacking of outgoing cargo are strictly following the established policies, standards, systems and procedures in cargo handling.
- Ensures strict monitoring and implementation of the IATA Dangerous Goods Regulation (DGR) and handling requirements.
- Promptly reports any occurrences that may jeopardize company resources and its operations, particularly any violation of existing security policies, processes and procedures to prevent unlawful acts, and acts of unlawful interference to civil aviation

#### **As CARGO SUPERVISOR**

##### **PAL express**

September 15, 2014-March 2016

(Duties and responsibilities same as in CSCO position)

#### **As CARGO REPRESENTATIVE**

##### **Probe Clean General Services, Inc. assigned in PAL express Cargo (formerly AirPhil Express/Air Philippines Corp.)**

November 1, 2010-September 13, 2014

##### *Duties and Responsibilities:*

- From time to time acts as OIC/Shift Team Leader in the absence of organic personnel or during their days-off
- Regular assignment as Acceptance Representative with the primary function of preparation of air waybills which includes:
- Encoding of all information written in the Shipper's Letter of Instruction (SLI), verification and referral of cargoes to segregators for proper labelling;
- Preparation of Sales Reports
- From time to time assigned as Manifesting Rep. tasked:
- To prepare the cargo manifest which contains the precise documentation of all outgoing air waybills (pieces, weight, description and consignees) which should tally the information on the Checklist of build-up personnel;

- to relay cargo information to the Load Controller via telephone/radio or email at least 2 hours before flight departure;
- to turn over cargoes and manifests to the tug operators for towing;
- to fill-up outbound cargo report for manifests attachments;
- to properly endorse offloaded/over carried or advanced build-up cargoes to the next shift for their handling which includes report of discrepancies, irregularities and other concerns to take necessary actions if not possibly made during the shift

#### **As CASHIER**

**Dynamics Personnel Assistance Management assigned at Octagon Superstore-Proton Microsystems, Inc.**

January 15, 2010-June 15, 2010

##### *Duties and Responsibilities:*

- Daily cash/check sales transaction
- In-charge of vault within the entire shift
- Inventories of stores' items weekly
- Daily reports, vouchers, manual transactions, requisition slips, and other paper works
- Deposit sales on behalf of OIC if he is not on duty

#### **NURSE**

**Project N.A.R.S. (Nurses Assigned in Rural Service) - Department of Labor and Employment (Irosin District Hospital and Irosin Municipal Health Unit)**

April 1, 2009-September 30, 2009

##### *Duties and Responsibilities:*

- Follows doctor's order for admission, daily check-up, operations, etc.
- Charting and proper documentation of patient's conditions during the entire shift
- Accompanies doctors during daily rounds for endorsements and orders to be done
- Monitor's Vital Signs(V/S), treatment plan, medications, Intake & Output etc. and refer any changes to assigned physicians
- Assist during minor and major operations as well as in delivery room

#### **PERSONAL PROFILE**

**Birth Date:** March 31, 1987  
**Place of Birth:** Ermita, Manila  
**Height:** 149 cms  
**Weight:** 130 lbs  
**Sex:** Female  
**Age:** 34 years old  
**Civil Status:** Single  
**Religion:** Roman Catholic  
**Citizenship:** Filipino  
**Blood Type:** O  
**Languages Spoken:** English, Tagalog

## **EDUCATION**

**Tertiary Level:** University of Santo Tomas – Legazpi (formerly Aquinas University of Legazpi)  
Rawis, Legazpi City  
Bachelor of Science in Nursing-April 2008 (Cum Laude)

**Secondary level:** Gabao National High School  
Irosin, Sorsogon-Year 2004 (Valedictorian)

**Elementary level:** Sauyo Elementary School  
Novaliches, Quezon City-Year 2000 (3<sup>rd</sup> Honorable Mention)

## **REFERENCES**

- **Vilma O. Silan**  
Librarian  
San Beda College- Taytay Rizal  
09277764483
- **Bonicel F. Gamalong**  
Cargo Standards Compliance Officer  
PAL express Cargo Terminal  
09178263936